



**Arvind Khinvesra**  
Founder

Passion of helping people realize their purpose in life, discover their hidden potential and achieve their dreams was the driving force behind, Arvind Khinvesra, a Transformation Coach and Corporate Trainer's initiative of "Achieve ThySelf".

Arvind, a **Certified NLP Practitioner with Certificate in Personal Counseling** delivers all his trainings and programs with the underlying philosophy of "Achieve ThySelf", which is

Achievement **OF** ThySelf: Achieve victory over self thereby growing as an individual

Achievement **BY** ThySelf: Take responsibility and ownership of one's life

Achievement **FOR** ThySelf: Only happiness within can spread happiness around

Understanding the fact that external motivation only has a temporary effect, Arvind coaches so as to motivate people from within. The behavioral change that this approach brings in an individual is everlasting and self motivates them to strive for excellence.

## Coaching Experience

- Coached CEO's, managers and students helping them bring positive transformation in their professional and personal life.
- Recognised as one of one of 10 most promising Life coaching companies in 2019 by Silicon india
- Executive coaching for managers and leadership team members to help them focus and develop their skills and maximize their potential.
- Conducted customized **leadership trainings** including Change Management, Emotional Intelligence / Emotional Quotient, Executive Presence, Coaching your Team, Problem Solving and Decision Making, Strategy Execution.
- Flagship program "Entrepreneur Insight" for entrepreneurs and businessmen with two approaches
  - Self Mastery to Business Mastery
  - Professional Mastery to Business Mastery

- Facilitated trainings in the areas of:
  - Public Speaking and Presentation skills
  - Interpersonal skills
  - Motivation and Goal Setting
  - Leadership Skills
  - Client Relationship Management
  - Stakeholder Management
  - Time Management
  - Emotional intelligence
  - Team Building
  - Problem Solving and Decision Making
  - Analytical and Creative Thinking
  - Manager / Supervisor skills
  - Communication Skills
  - Effective Meetings
  - Project Management
- Conducted trainings at Accenture, Edelweiss, IDBI Bank, TCS, L&T Infotech, Sulzer, IndusInd Bank, Sun Pharma, ACG group of companies, ARaymond, Valmont, Thermax, Lubrizol, Volkswagen Finance Services, Skoda amongst others.
- Facilitated Strategy Meetings for leadership teams to determine vision for the organization.
- Trained at SAP Malaysia, Kuala Lumpur

## **Skills**

- Good interpersonal skills and ability to communicate with people at all levels– from a shop floor worker to a CEO.
- Conducted workshops for shop floor supervisors, IT professionals, senior leadership in manufacturing and service industries.
- Adapt the presentation based on target audience profile without compromising on the quality on delivery
- Conducting trainings through telepresence for virtual audiences at multiple locations

## **Educational Qualifications**

- M. M. S. (Marketing) from Mumbai University
- B. E. (Instrumentation)

## **Certifications**

- Certificate in Personal Counseling (Robert Carkhuff's Model)
- Certified NLP Practitioner
- PMI PMP® -Project Management Professional
- Agile Expert Certified
- Scrum Developer Certified and Scrum Master Certified by Scrum Study
- SAP Certified Application Professional

- ITIL v3 Foundation Course

## Trainings / Workshops Attended

- Life By Design - life coaching session by Pooja Gupta
- The Psychology of Winning– Improving Productivity by Brian Tracy
- No Excuses by John Foppe
- Diploma in Public Speaking at Nazareth's Speakers Academy
- Public Speaking – Communication Skills conducted by NMIMS
- Internal Auditor for ISO 9001-2000

## Other Work Experience

22 years of experience in IT and Manufacturing domain. Various roles played during this period include:

- Thought and Innovation leader for SAP Automation at **Accenture**
- Managing SAP Competency Development Program at **Accenture**
- SAP Project Manager (Implementation), Offshore Project Manager (AO), Project Coordinator, Project Lead at **Satyam Computer Services Ltd.**
- R&D and Production Manager at **Meco Instruments Pvt. Ltd.**
- Production Engineer at **Meco Instruments Pvt. Ltd.**
- Worked in Brazil, China and USA managing teams with varied cultures.
- Coordinated and managed teams located at multiple locations in different geographies

## Contact Details

Arvind Khinvesra  
101 Hubtown Solaris,  
N S Phadke Marg,  
Andheri (E),  
Mumbai - 400 069

M | +91 98205 85541  
E | [arvind.khinvesra@achievetheyourself.com](mailto:arvind.khinvesra@achievetheyourself.com)  
W | <http://www.achievetheyourself.com>